

A community without seclusion

From/to

The bio-psycho-social modell

The bio-bio-bio modell

The socio-socio-psycho-bio modell

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Recovery from the diagnosis of schizophrenia

- Many
 - Always
 - Culture-dependent
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Recovery from the diagnosis of schizophrenia

	Persons	% Total recovery	% Social recovery	% improved
Bleuler 1972	208	23	43	66
Harding et al 1986	269	34	34	68
Huber et al 1975	502	26	31	57
Tsuang et al 1972	186	20	26	46
Ciampi & Muller 1976	289	29	24	53

Recovery from the diagnosis of schizophrenia

Years	Total recovery	Social recovery	Total improvement
1901 – 1920	20	40	60
1921 – 1940	12	29	41
1941 – 1955	23	44	67
1956 – 1985	22	45	67

Recovery from the diagnosis of schizophrenia

- ❑ Culture-dependent
 - ❑ Better outcome in low-income countries compared to high income countries
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Depression

Evidens of what?

- '... in the litterature available to the prescribers, 94% of the anti-depressant trial appeared positive. However, in reality only 51% of the compiled trial in the FDA database were positive.'
 - Every-Palmer & Howick online
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Evidenbased knowledge

- Intervention against depression
 - "New" anti-depressiv medication (SSRI)
 - "Old" anti –depressiv treatment
 - CBT
 - Psychotherapeutical intervention
 - Placebo
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Money

Money as an intervention

- One hundred persons with severe psychiatric problems were asked to participate in an intervention study.
 - For nine months they were offered an extra allowance of 55 euros per month.
 - The allowance did not affect the level of other assistance and incomes they already possessed.
 - A contribution towards social and leisure activities at the free disposal of the participants.
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Quantitative results

Statistically significant improvements were noted with respect to:

- Less anxiety and feelings of depression
 - Better quality of life
 - Improved self-image
 - Greater satisfaction with social relationships
 - No statistically significant improvements in the control group
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Quit taking pills

- A lot has happened in my life these past few months. I go out among people, I've stopped taking my pills and I bought a bus transport card and ... Well I'm never home, I'm out riding the bus in the daytime, I buy clothes for... the money and everything like that. I have a life.
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Public transport card

- Yeah, it began with my... before I started getting the 500 kronor ... I used to go out and see what kinds of things I wanted. But then I bought a bus card for that money I got. And now I take the bus every day. I leave the house in the morning and get back home around 4 or 5 o'clock in the afternoon.
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Go on a diet, read books and all kinds of things,

- I've started on a diet, so sometimes I walk... like, into town from my street and sometimes I take the bus a part of the way... And then, I'm here in town and buy some clothes and food and read books. I've started doing all kinds of things, **I have some fun in life.**
 - And then you and I met and so I've lost 8 or 9 kilos. The only thing **I eat now is salad.**
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Underwear

- I've bought **paint and brushes**, I've bought a lot of new clothes and ... yeah, I don't know ... **new underwear that makes you feel pretty** and... all kinds of things, stuff I need, what I needed when I came out (got discharged). Things I felt I needed to have... .
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From having nothing to ...

- Now I have to be more careful when I'm out shopping... And so I've been to IKEA with the activity center and to other places ...
 - I didn't used to do those things before...
Nothing! I've joined a puzzle group here. And then I'm, like, out in the fresh air and go walking with the fitness group.
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Children, grandchildren, mother ...

□ Sometimes I buy a 2-zone ticket so that I can take the bus out to XXX and YYY and ZZZ and **visit my children, and my mother** and my sister's children. I have closer contact with them now and with **my grandchildren** and children, with and all of them. It's pretty fantastic.

Teetotaller

- What's also happened is that I've become a teetotaller. I used to drink a lot of beer. And all my money went for that. **So now I have more money left over.** It's gone on 10 weeks since I stopped drinking.
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Social eller medical?

- Social withdrawal
- Reduced social network
- Altered composition of one's social network
- "Apathy"
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- Symptoms of mental "illness"?
- or
- Result of changing conditions of life?

A social model

- If social interventions can bring about an “improvement of symptoms,” then
 - Perhaps they are not symptoms of an illness.
 - Perhaps it is not a question of illness at all?
 - If so, then of what?
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Alternative to psychiatry?

- One possible alternative paradigm is a social one
- Even the hardest sceptic must acknowledge the abundant evidence of the importance of personal relationships in shaping both cause and cure of disorders.

□ Priebe, S., Burns, T. & Craig, T. (2013)

Alternative to psychiatry?

- A social paradigm requires research to study what happens between people rather than what is wrong with an individual wholly detached from a social context.
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